



WEEKLY EPIDEMIOLOGICAL REPORT

A publication of the Epidemiology Unit
Ministry of Health, Nutrition & Indigenous Medicine

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Vol. 48 No. 44

23rd – 29th Oct 2021

Disability Part II

This is last part of the series of two articles

How do we overcome these barriers?

Inclusion strategies must be followed by every state not to miss a single disabled person. Equity must be maintained at the best possible level for them as for non-disabled persons. Following aspects should be developed to overcome hindrances that disturb their health, well-being, and participation in social activities.



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- Building and facilities – Use dimensions and anthropometrics that facilitate easy accessibility for children and adults with disability. Design of user-friendly telecommunication equipment and medical diagnostic equipment specific for the disability.
- Health care facilities – Diagnostic methods and treatment facilities that make it easy for disabled people to use. Eg;- Examination table that a wheelchair-bound patient can easily transfer onto.
- Health care workers who can communicate using sign language with deaf people.
- Livable communities – accessible housing, safe transportation, education opportunities

Tips leading to living a healthy long life

- Daily physical activities
- Healthy and nutritious foods.
- Avoid smoking
- Get rid of sunlight (to prevent skin cancer)
- Stay closely with family and friends.

International day of persons with disabilities – 3rd of December.

FAMOUS PEOPLE WITH DISABILITIES AND THE NATURE OF THEIR DISABILITIES

- Stephen Hawking – Was a famous scientist. He suffered from amyotrophic lateral sclerosis

NOVEMBER SRI LANKA 2021

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https://www.who.int/health-topics/disability#tab=tab_1

<https://www.internationaldisabilityalliance.org/content/global-action-disability-glad-network>

<https://www.cdc.gov/ncbddd/disabilityandhealth/healthyliving.html>

<https://www.internationaldisabilityalliance.org/>

- Hellen Keller – She was the first graduate in the world with disabilities. She became blind and deaf from an unknown illness at age of 19.
- Franklin D. Roosevelt – He was the president of the USA from 1933- 1945. His legs were permanently paralyzed by Polio.
- John Nash – Was a famous mathematician. He won the Nobel Prize in economics in 1994. He was mentally handicapped with Acute Paranoid Schizophrenia.
- Trisha Zorn – She was a world-famous swimmer and she won 55 medals along with 41 gold medals in the Para Olympic games for swimming.
- Muniba Mazari – She is a world-famous motivational speaker and activist in Pakistan. She was bound to a wheelchair due to spinal damage that occurred following an RTA.



Muniba Mazari- The iron lady in Pakistan

Table 1: Selected notifiable diseases reported by Medical Officers of Health 16th-22nd Oct 2021 (43rd Week)

RDHS	Dengue Fever		Dysentery		Encephaliti		Enteric Fever		Food Poi-		Leptospirosis		Typhus		Viral Hep-		Human		Chickenpox		Meningitis		Leishmania-		WRCD	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	T*	C**
Colombo	19	4203	0	10	0	1	1	5	0	3	9	165	0	1	0	2	1	3	0	22	0	12	0	1	46	100
Gampaha	12	2189	0	4	0	5	0	1	0	0	34	252	0	5	0	4	0	5	0	25	0	12	0	12	23	74
Kalutara	36	1181	0	11	0	2	0	3	0	0	13	559	0	3	0	1	0	1	0	69	3	22	0	0	34	95
Kandy	29	639	0	20	0	1	0	3	0	3	24	168	0	35	0	1	0	0	0	37	1	16	0	27	57	100
Matale	8	189	0	13	0	4	0	0	0	0	0	75	0	5	0	2	0	0	0	12	0	7	4	220	50	100
NuwaraEliya	0	42	0	12	0	2	2	4	0	0	3	60	0	38	0	4	0	0	0	25	0	7	0	1	28	100
Galle	12	369	0	8	0	1	0	5	0	7	9	627	0	27	0	2	0	0	1	55	0	31	0	1	38	100
Hambantota	5	312	0	11	0	2	0	2	0	6	2	234	1	72	0	7	0	0	0	48	0	33	4	422	68	100
Matara	10	466	0	4	0	1	0	1	0	0	14	271	0	17	0	3	0	0	0	53	0	11	12	262	43	100
Jaffna	0	124	0	44	0	3	0	15	0	27	1	18	0	441	0	0	0	6	0	30	0	3	0	2	22	88
Kilinochchi	0	25	0	24	0	0	0	2	0	10	0	55	0	79	0	0	0	0	0	10	0	0	0	1	52	100
Mannar	1	27	0	7	0	1	0	4	0	0	0	27	0	2	0	0	0	0	1	4	0	19	0	1	36	100
Vavuniya	1	37	0	4	0	1	0	1	0	1	0	23	0	2	0	1	0	0	0	6	0	1	0	1	37	100
Mullaitivu	0	5	0	3	0	0	0	0	0	1	0	33	0	8	0	0	0	0	0	9	0	6	0	0	21	100
Batticaloa	7	3011	2	34	0	4	1	3	14	35	1	45	0	0	0	1	0	0	0	14	0	24	0	0	46	100
Ampara	0	43	0	9	0	0	0	1	0	7	1	56	0	1	0	3	0	0	0	41	0	14	1	13	56	100
Trincomalee	2	132	0	0	0	0	0	0	0	2	0	4	0	0	0	2	0	0	1	17	0	2	0	0	25	100
Kurunegala	35	1017	0	19	0	4	0	0	0	3	25	336	0	28	0	4	0	2	1	49	0	82	7	340	36	100
Puttalam	6	305	0	2	0	1	0	0	0	0	1	24	0	16	0	1	0	1	0	18	0	33	0	9	39	97
Anuradhapur	3	195	0	13	0	1	0	1	0	3	2	222	0	25	0	4	0	0	0	31	5	44	14	254	24	91
Polonnaruwa	3	69	0	7	0	1	0	3	0	9	2	115	0	3	0	3	0	0	0	28	0	3	13	407	37	100
Badulla	38	295	0	11	0	0	0	3	0	0	2	287	0	44	0	35	0	0	0	42	0	17	1	20	42	100
Monaragala	1	123	1	13	0	0	0	3	0	6	2	343	2	33	0	71	0	0	1	25	0	60	0	36	50	100
Ratnapura	8	453	0	29	1	7	0	0	0	5	15	668	0	20	0	9	0	1	1	51	1	76	2	105	34	95
Kegalle	5	393	0	4	0	11	0	0	0	2	28	354	0	12	0	1	0	0	3	86	2	30	0	20	39	100
Kalmune	0	279	0	19	0	2	0	1	0	1	0	19	0	1	0	2	0	2	0	15	0	15	0	2	45	100
SRILANKA	52	16123	3	335	1	55	4	61	14	131	18	5040	3	918	0	16	1	21	9	822	12	580	58	2157	40	97

Source: Weekly Returns of Communicable Diseases (esurveillance.epid.gov.lk). T=Timeliness refers to returns received on or before 22nd Oct, 2021 Total number of reporting units 361 Number of reporting units data provided for the current week: 349 C**-Completeness 41

Table 2: Vaccine-Preventable Diseases & AFP

16th–22nd Oct 2021 (43rd Week)

Disease	No. of Cases by Province									Number of cases during current week in 2021	Number of cases during same week in 2020	Total number of cases to date in 2021	Total number of cases to date in 2020	Difference between the number of cases to date in 2021& 2020
	W	C	S	N	E	NW	NC	U	Sab					
AFP*	01	01	00	00	00	00	00	00	01	03	01	54	38	42.1 %
Diphtheria	00	00	00	00	00	00	00	00	00	00	00	00	00	0%
Mumps	00	00	00	00	00	00	00	00	00	00	06	63	157	- 59.8 %
Measles	00	00	00	00	00	00	00	00	00	00	00	11	48	- 77.0 %
Rubella	00	00	00	00	00	00	00	00	00	00	00	00	00	0%
CRS**	00	00	00	00	00	00	00	00	00	00	00	00	00	0%
Tetanus	00	00	00	00	00	00	00	00	00	00	00	03	03	0 %
Neonatal Tetanus	00	00	00	00	00	00	00	00	00	00	00	00	00	0%
Japanese Encephalitis	00	00	00	00	00	00	00	00	00	00	00	04	31	- 87 %
Whooping Cough	00	00	00	00	00	00	00	00	00	00	00	00	09	- 100%
Tuberculosis	00	00	02	05	08	04	00	15	04	38	144	4189	5354	- 21.7 %

Key to Table 1 & 2

Provinces: W: Western, C: Central, S: Southern, N: North, E: East, NC: North Central, NW: North Western, U: Uva, Sab: Sabaragamuwa.
RDHS Divisions: CB: Colombo, GM: Gampaha, KL: Kalutara, KD: Kandy, ML: Matale, NE: Nuwara Eliya, GL: Galle, HB: Hambantota, MT: Matara, JF: Jaffna, KN: Killinochchi, MN: Mannar, VA: Vavuniya, MU: Mullaitivu, BT: Batticaloa, AM: Ampara, TR: Trincomalee, KM: Kalmunai, KR: Kurunegala, PU: Puttalam, AP: Anuradhapura, PO: Polonnaruwa, BD: Badulla, MO: Moneragala, RP: Ratnapura, KG: Kegalle.

Data Sources:
Weekly Return of Communicable Diseases: Diphtheria, Measles, Tetanus, Neonatal Tetanus, Whooping Cough, Chickenpox, Meningitis, Mumps., Rubella, CRS,
Special Surveillance: AFP* (Acute Flaccid Paralysis), Japanese Encephalitis
CRS** =Congenital Rubella Syndrome
NA = Not Available

Number of Malaria Cases Up to End of October 2021,

02

All are Imported!!!

Comments and contributions for publication in the WER Sri Lanka are welcome. However, the editor reserves the right to accept or reject items for publication. All correspondence should be mailed to The Editor, WER Sri Lanka, Epidemiological Unit, P.O. Box 1567, Colombo or sent by E-mail to chepid@sltnet.lk. **Prior approval should be obtained from the Epidemiology Unit before publishing data in this publication**

ON STATE SERVICE

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