

# WEEKLY EPIDEMIOLOGICAL REPORT 

## A publication of the Epidemiology Unit

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## Control of Communicable Diseases during Disasters - Part 1

Disaster can be defined as a sudden accident or a natural catastrophe that causes great damage or loss of life. They can be classified as natural (e.g. Tsunami) or manmade (e.g. War situation). According to the International Disaster Database in the year of 2016, 342 disasters were recorded due to natural hazards. It is evident by studying the trajectory of a number of disasters over the past two and half decades it is coming down to its base level. The peak had been reported in 2005 (Red line in Fig. 1). Since 2006 hydrological related disasters took the largest portion of the natural disasters.

However, the number of people affected is showing a rising trend globally which is alarming (Blue line in Fig. 1). The amount of damage and the economic loss also follows the same rising pattern. Underdeveloped countries are highly affected by disasters due to lack of resources, infrastructure and
unavailability of disaster preparedness plans including early warning systems. China reported being the country with most disasters from 2005 to 2014 period while the USA is the country which incurred the largest damage during the same period.

Fig. 1: No. of disasters and total people affected (x 1million) from 1990-2016.


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| 1. Leading Article - Control of Communicable disease during disaster (Part 1) <br> 2. Summary of selected notifiable diseases reported - ( $11^{\text {th }}-17^{\text {m }}$ November2017 $)$ <br> 3. Surveillance of vaccine preventable diseases \& $A F P-\left(11^{\text {hh }}-17^{\text {h }}\right.$ November2017 $)$ | $\begin{aligned} & 1 \\ & 3 \\ & 4 \end{aligned}$ |

There is a high chance of spreading of communicable diseases during and after a disaster. The reason for this high susceptibility can be explained by the loosing of the equilibrium of the Epidemiological triad (Fig. 2).
gency relief funds are the other important aspects of the preparation.


Figure 2. Epidemiological triad of disease spread during disaster

Following conditions will increase the risk of communicable diseases following disasters.

1. Increase population density which leads to close human contact and available sanitary facilities to be inadequate
2. Population displacement. Introduction of communicable diseases to migrant or indigenous populations (susceptible population)
3. Disruption and contamination of water supply and sanitation services. Eg: contamination of drinking water by breaks in sewage lines
4. Disruption of public health programs
5. Ecological changes that favour breeding of vectors
6. Displacement of domestic and wild animals
7. Lack of food, water, and shelter in disaster situations

These reasons complement each other and as a synergistic effect outbreak can set in and it could drag the disaster victims from bad to the worst. However, disease outbreaks situations following a disaster can be successfully averted/minimized by adequate preparation and prompt action. Formation of disaster coordination teams at central and district levels is the foremost activity that should take place. Preparation of the district disaster plans follows and periodic assessment/ modification of the plans should take place subsequently. Formation of rapid response teams, availability of guidelines and standard operation procedures, carry outsimulations activities in predefined intervals, update the knowledge of the staff, allocating/maintaining emer-

Table 1 : Water Quality Surveillance
Number of microbiological water samples October 2017

| District | MOH areas | No: Expected * | No: Received |
| :---: | :---: | :---: | :---: |
| Colombo | 15 | 90 | 88 |
| Gampaha | 15 | 90 | NR |
| Kalutara | 12 | 72 | NR |
| Kalutara NIHS | 2 | 12 | 25 |
| Kandy | 23 | 138 | NR |
| Matale | 13 | 78 | NR |
| Nuwara Eliya | 13 | 78 | 83 |
| Galle | 20 | 120 | 44 |
| Matara | 17 | 102 | 40 |
| Hambantota | 12 | 72 | 39 |
| Jaffna | 12 | 72 | 86 |
| Kilinochchi | 4 | 24 | 23 |
| Manner | 5 | 30 | 42 |
| Vavuniya | 4 | 24 | 22 |
| Mullatvu | 5 | 30 | NR |
| Batticaloa | 14 | 84 | 78 |
| Ampara | 7 | 42 | 34 |
| Trincomalee | 11 | 66 | 8 |
| Kurunegala | 29 | 174 | 50 |
| Puttalam | 13 | 78 | 39 |
| Anuradhapura | 19 | 114 | 37 |
| Polonnaruwa | 7 | 42 | 36 |
| Badulla | 16 | 96 | 100 |
| Moneragala | 11 | 66 | 83 |
| Rathnapura | 18 | 108 | 52 |
| Kegalle | 11 | 66 | 27 |
| Kalmunai | 13 | 78 | 67 |

* No of samples expected ( $6 / \mathrm{MOH}$ area / Month)
$\mathbf{N R}=$ Return not received

Table 1: Selected notifiable diseases reported by Medical Officers of Health $11^{\text {th }}-17^{\text {th }}$ November 2017 ( $46^{\text {th }}$ Week)


Table 2: Vaccine-Preventable Diseases \& AFP
$11^{\text {th }}$ 17 $^{\text {th }}$ November 2017 ( $46^{\text {th }}$ Week)

| Disease | No. of Cases by Province |  |  |  |  |  |  |  |  | Number of cases during current week in 2017 | Number of cases during same week in 2016 | Total number of cases to date in 2017 | Total number of cases to date in 2016 | Difference between the number of cases to date in 2017 \& 2016 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | W | C | S | N | E | NW | NC | U | Sab |  |  |  |  |  |
| AFP* | 01 | 01 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 02 | 00 | 64 | 59 | 8.4\% |
| Diphtheria | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 0\% |
| Mumps | 00 | 01 | 01 | 00 | 02 | 00 | 00 | 00 | 00 | 04 | 05 | 276 | 353 | - $21.8 \%$ |
| Measles | 00 | 01 | 00 | 00 | 02 | 00 | 00 | 00 | 00 | 03 | 01 | 185 | 358 | - 48.3\% |
| Rubella | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 01 | 10 | 10 | 0 \% |
| CRS** | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 01 | 00 | 0\% |
| Tetanus | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 01 | 16 | 10 | 60 \% |
| Neonatal Tetanus | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 0\% |
| Japanese Encephalitis | 00 | 01 | 00 | 00 | 01 | 00 | 00 | 01 | 00 | 03 | 00 | 25 | 18 | 38.8\% |
| Whooping Cough | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 02 | 19 | 64 | - 70.3\% |
| Tuberculosis | 43 | 31 | 19 | 04 | 17 | 13 | 12 | 01 | 12 | 152 | 156 | 7481 | 8135 | - 8.0\% |

## Key to Table 1 \& 2

Provinces: W: Western, C: Central, S: Southern, N: North, E: East, NC: North Central, NW: North Western, U: Uva, Sab: Sabaragamuwa.
RDHS Divisions: CB: Colombo, GM: Gampaha, KL: Kalutara, KD: Kandy, ML: Matale, NE: Nuwara Eliya, GL: Galle, HB: Hambantota, MT: Matara, JF: Jaffna, KN: Killinochchi, MN: Mannar, VA: Vavuniya, MU: Mullaitivu, BT: Batticaloa, AM: Ampara, TR: Trincomalee, KM: Kalmunai, KR: Kurunegala, PU: Puttalam, AP: Anuradhapura, PO: Polonnaruwa, BD: Badulla, MO: Moneragala, RP: Ratnapura, KG: Kegalle.
Data Sources:
Weekly Return of Communicable Diseases: Diphtheria, Measles, Tetanus, Neonatal Tetanus, Whooping Cough, Chickenpox, Meningitis, Mumps., Rubella, CRS, Special Surveillance: AFP* (Acute Flaccid Paralysis ), Japanese Encephalitis
CRS** $=$ Congenital Rubella Syndrome
AFP and all clinically confirmed Vaccine Preventable Diseases except Tuberculosis and Mumps should be investigated by the MOH

| Influenza Surveillance in Sentinel Hospitals - ILI \& SARI |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Month | Human |  |  |  | Animal |  |  |
|  | No Total | No Positive | Infl A | Infl B | Pooled samples | Serum Samples | Positives |
| November | 385 | 114 | 51 | 63 | 1686 | 612 | 0 |

Source: Medical Research Institute \& Veterinary Research Institute

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Comments and contributions for publication in the WER Sri Lanka are welcome. However, the editor reserves the right to accept or reject items for publication. All correspondence should be mailed to The Editor, WER Sri Lanka, Epidemiological Unit, P.O. Box 1567, Colombo or sent by E-mail to chepid@sItnet.lk. Prior approval should be obtained from the Epidemiology Unit before publishing data in this publication

