

RI LANKA 202





WEEKLY EPIDEMIOLOGICAL REPORT

A publication of the Epidemiology Unit Ministry of Health

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Flashback 2023

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The year 2023 was challenging for the Epidemiology unit as the after-effects of the COVID-19 pandemic and the measles outbreak set in the country despite high childhood vaccination coverage. Additionally, the effects of the economic crisis also affected the smooth functioning of the unit to a certain extent. However, the functions of the unit, mainly the Expanded Programme on Immunization (EPI) and the disease surveillance (both vaccine-preventable and other important communicable diseases) - were carried out successfully with a team spirit.

Covid-19 Vaccination Campaign

The COVID-19 vaccination drive continued for the year 2023 with the Sinopharm vaccine. It was given to anyone above 18 years of age including pregnant mothers to complete the primary vaccination or anyone above 20 years as first or second booster dose. At the end of December 31st, 2023, the number of vaccinations carried out was reported as, at least a single dose - 17,143,761, 2nd dose - 14,752,827 first booster 8,220,788 and the second booster 202,751.

Disease surveillance

Communicable disease control largely depends on the timely surveillance of the diseases. Epidemiology Unit along with the wide network of Medical Officers of Health Units spread throughout Sri Lanka collects, analyzes, interprets and disseminates data on communicable diseases weekly paving the path to control them.

Currently, the "e-Surveillance", the web-based

disease surveillance system, is implemented to minimize the errors encountered in the paperbased system in all 364 Medical Officers of Health (MOH), divisions. The completeness of the system is near 100%.

National Immunization Programme

The National Immunization Programme (NIP) is one of the major responsibilities of the Epidemiology Unit. Currently, NIP protects the nation from 12 dreadful communicable diseases and 2 non-communicable diseases.

Age-appropriate vaccination is available and accessible to all eligible children in the country and services are provided by well-trained MOH staff. The services are provided at the MOH office and fixed field vaccination clinics as well as at the school vaccination sessions.

Regular monitoring of the programme is carried out at the district and central levels and necessary feedback and guidance are provided to the field staff. A major component of monitoring and evaluation of the NIP is the EPI/ VPD reviews which are conducted annually at both district and national levels. During 2023, as with the other years, EPI/ VPD reviews were conducted in all 26 health districts to assess the performance of the NIP during the year 2022. Gaps in service provision were identified and relevant general and specific recommendations were made to improve the immunization service delivery.

Measles

Along with the measles outbreaks that were being experienced in the year 2023 globally, Sri Lanka also started reporting measles cases in

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mid-2023. The first case was reported on 23rd May 2023 through the routine disease surveillance system from the Colombo Municipality Area. Transmission of the disease was initially observed predominantly among vaccine refusals in the CMC area followed by Kolonnawa, Gothatuwa and Dehiwala MOH areas in the Colombo district. By the end of 2023, 786 confirmed measles cases were reported across the island affecting 161 MOOH areas out of a total of 358 MOOH areas. The majority of the cases were reported from Colombo district (40%) and Gampaha district (18.7%) followed by Jaffna district (10.9%). Among them, approximately 55% of cases occurred among Sinhalese, 29% belonged to the Moor ethnicity & 16 % to the Tamil ethnicity. Out of the total positive cases, 17% were less than 9 months old aged infants while nearly 35% of patients belonged to the 20 to 30 years age category.

A measles outbreak response plan was activated and the following activities were carried out around each confirmed patient:

- Contact tracing and follow-up of contacts for 2 incubation periods
- Conducting fever, and rash screening in households around a positive patient
- Vaccinating children of 9 months -15 years who have missed the routine vaccination
- Vaccinating contacts between 15 45 years, who do not have evidence of measles vaccination.

In addition, the Medical Officer of Health areas with a significant number of children with vaccine refusal implemented several measures to vaccinate them.

Further, as an attempt to protect infants under 9 months of age, who are not eligible for routine vaccination but are vulnerable to the disease and its complications, a supplementary immunization activity will be conducted in early January 2024, targeting infants between 6 to 9 months in selected 9 high-risk health districts. At the same time, a nationwide catch -up campaign will be conducted for children between 9 months to 15 years who have missed the routine vaccination. Planning and preparation activities for these two programmes were carried out during the last few weeks of December 2023.

Leptospirosis

A total of 9927 cases of leptospirosis were notified to the Epidemiology Unit in the year 2023. The highest caseload was reported from Rathnapura, Galle, Kalutara and Kegalle districts. Increasing trends were seen in Moneragala, Kurunegala and Matara in 2023. The Case Fatality Rate was 2 per 100 cases. Throughout the past years, the case incidence rate has been fluctuating with a higher number of cases being reported in 2023 than in 2022. Reporting of Leptospirosis cases has shown an annual seasonal pattern with peaks during rainy seasons of two monsoons in the country. With the current economic issues affecting agriculture activities and the changing rainfall pattern in the country, it is essential to remain vigilant

as leptospirosis outbreaks can occur with increasing frequency in high-risk districts.

Influenza

There are 19 sentinel hospitals to carry out influenza surveillance throughout the country. Out of 3,320,307 total OPD visits, 229,549 Influenza-like Illness (ILI) cases have been reported to the National Influenza Surveillance System during the year 2023. It represents 6.9% of total OPD visits to the sentinel sites.

During the year 2023, 4766 Severe Acute Respiratory Illness (SARI) patients have been reported from four SARI sentinel hospitals. This contributes to 4.1% out of 116,299 inward patients in the Medical and Pediatric wards of the SARI sentinel hospitals during the year 2023.

There were 10 laboratory-confirmed influenza-positive deaths during the year 2023.

Compiled by The Editor

Table 1: Selected notifiable diseases reported by Medical Officers of Health 23^{rd-} 29th Dec 2023 (52nd Week)

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-ever	В	15122	13514	4876	9031	2096	424	3598	1570	1997	4870	167	172	234	185	2754	296	2176	3876	3621	887	664	2037	871	2580	3484	1854	82956	
Dengue Fever	4	375	146	88	330	7.1	13	93	18	20	746	17	25	19	24	113	2	23	164	63	45	ω	120	29	24	119	34	2760	
RDHS		Colombo	Gampaha	Kalutara	Kandy	Matale	NuwaraEliya	Galle	Hambantota	Matara	Jaffna	Kilinochchi	Mannar	Vavuniya	Mullaitivu	Batticaloa	Ampara	Trincomalee	Kurunegala	Puttalam	Anuradhapur	Polonnaruwa	Badulla	Monaragala	Ratnapura	Kegalle	Kalmune	SRILANKA	

Source: Weekly Returns of Communicable Diseases (esurvillance.epid.gov.Ik). T=Timeliness refers to returns received on or before 29th Dec, 2023 Total number of reporting units 358 Number of reporting units data provided for the current week. B = Cumulative cases for the year.

Table 2: Vaccine-Preventable Diseases & AFP

23rd-29th Dec 2023 (52nd Week)

Disease	No.	of C	ases	by P	rovir	ıce		Number of cases during current	Number of cases during same	Total number of cases to date in	Total num- ber of cases to date in	Difference between the number of cases to date			
	W	С	S	N	Е	NW	NC	U	Sab	week in 2024	week in 2023	2024	2023	in 2024 & 2023	
AFP*	01	00	00	00	00	00	00	01	00	02	02	98	86	13.9 %	
Diphtheria	00	00	00	00	00	00	00	00	00	00	00	00	00	0 %	
Mumps	00	00	00	00	01	00	00	00	00	01	01	227	103	120.3 %	
Measles	10	05	05	01	00	00	01	01	03	00	01	863	39	2112.8 %	
Rubella	00	00	00	00	00	00	00	00	00	00	00	09	01	800 %	
CRS**	00	00	00	00	00	00	00	00	00	00	00	02	00	0 %	
Tetanus	00	00	00	00	00	00	00	00	00	00	00	06	05	20 %	
Neonatal Tetanus	00	00	00	00	00	00	00	00	00	00	00	00	00	0 %	
Japanese Encephalitis	00	00	00	00	00	00	00	00	00	00	00	06	01	500 %	
Whooping Cough	00	00	00	00	00	00	00	00	00	00	00	07	01	600 %	
Tuberculosis	56	29	07	08	10	00	19	03	17	139	68	9281	6416	44.6%	

Key to Table 1 & 2

Provinces: W: Western, C: Central, S: Southern, N: North, E: East, NC: North Central, NW: North Western, U: Uva, Sab: Sabaragamuwa.

RDHS Divisions: CB: Colombo, GM: Gampaha, KL: Kalutara, KD: Kandy, ML: Matale, NE: Nuwara Eliya, GL: Galle, HB: Hambantota, MT: Matara, JF: Jaffna,

KN: Killinochchi, MN: Mannar, VA: Vavuniya, MU: Mullaitivu, BT: Batticaloa, AM: Ampara, TR: Trincomalee, KM: Kalmunai, KR: Kurunegala, PU: Puttalam,

AP: Anuradhapura, PO: Polonnaruwa, BD: Badulla, MO: Moneragala, RP: Ratnapura, KG: Kegalle.

Data Sources:

Weekly Return of Communicable Diseases: Diphtheria, Measles, Tetanus, Neonatal Tetanus, Whooping Cough, Chickenpox, Meningitis, Mumps., Rubella, CRS,

Special Surveillance: AFP* (Acute Flaccid Paralysis), Japanese Encephalitis

CRS** =Congenital Rubella Syndrome

NA = Not Available

Take prophylaxis medications for leptospirosis during the paddy cultivation and harvesting seasons.

It is provided free by the MOH office / Public Health Inspectors.

Comments and contributions for publication in the WER Sri Lanka are welcome. However, the editor reserves the right to accept or reject items for publication. All correspondence should be mailed to The Editor, WER Sri Lanka, Epidemiological Unit, P.O. Box 1567, Colombo or sent by E-mail to chepid@sltnet.lk. Prior approval should be obtained from the Epidemiology Unit before publishing data in this publication

ON STATE SERVICE

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