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Deputy Director, Directorate of Army Preventive Medicine and Mental Health Services, Sri Lanka Army

## Quarantine of health staff who are exposed to COVID-19 patients

It was brought to my attention that an explanation is needed on the period of quarantine for the health staff who are exposed to COVID-19 patients.

Samples should be obtained from all the health personnel who are exposed to COVID-19 patients and under quarantine, on the 10th day of exposure.

They should be discharged from the quarantine centers after completion of 14 days from the exposure, if the PCR test result is negative.

Any clarification on this regard can be obtained from Dr. Sudath Samaraweera - Chief Epidemiologist (0777903407).

Dr. Anil Jasinghe

Director General of Health Services

Ministry of Health and Indigenous Medical Services

Dr. Anil Jasinghe Director General of Health Services Ministry of Health & Indigenous Medicine Services "Suwasiripaya" Rev. Baddegama Wimalawansa Thero Mawatha.

Copies: DDG/NHSL and National Hospital Kandy

Chief Epidemiologist

All Provincial Directors of Health Services

All Directors of Teaching Hospitals, Provincial General Hospitals and District general Hospitals

All Regional Directors of Health Services

All Medical Superintendents of Base Hospitals,

All Medical Officers in Charge of Divisional Hospitals and PMCUs

All Medical Officers of Health