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## சுகாதார அமைச்சு Ministry of Health

DDG/NHSL

DDG/NH Kandy

Provincial Directors of Health Services

Regional Directors of Health Services

Directors of All Hospitals

All other Heads of Institutions

Heads of Institutions of dedicated COVID-19 treatment facilities

Chief Medical Officer of Health-Colombo Municipal Council

All Medical Officers of Health

## Exit strategy for COVID-19 positive employees

This is further to the letter no. DGHS/COVID-19/347/2021 dated 30<sup>th</sup> August 2021 on "Exit strategy for COVID-19 patients and contacts".

The exit strategy for returning to work of employees contracting COVID-19 is as follows.

## 1.1. Admitted to a treatment facility (Intermediate Care Center/ Secondary or Tertiary Care Hospital)

Employees who are admitted to treatment facilities (Intermediate Care Center/ Secondary or Tertiary Care Hospital) for COVID-19 treatment, can return to work as per the exit measurements stipulated in the letter no. DGHS/COVID-19/347-2021 dated 10/08/2021 on 'Updated discharge criteria from treatment facilities for COVID-19'.

## 1.2. Under Home Care Management System

- 1.2.1. Employees can be released from home isolation to report to work after 10 days from the date of RAT / RT-PCR positivity (or from the date of onset of symptoms), if they are recovered from mild symptoms and fever free for 48 hours without fever antipyretics
  - Exit RT-PCR or RAT is **NOT** required for such employees to return to work

Please bring the contents of this document to the notice of all relevant categories of staff, in order to take appropriate action.

Dr. ASELA GUNAWARDENA

**Director** General of Health Services Ministry of Health

"Suwasiripaya"

Dr. Asela Gunawardena Director General of Health Services 385, Rev. Baddegama Wimalawansa Thero Mawatha. Colombo 10.

Secretary, Ministry of Health

Additional Secretary (Public Health Services/ Medical Services)

Deputy Director General (PHS I) Deputy Director General (LS)

Deputy Director General (E&OH&FS)

Chief Epidemiologist