



# WEEKLY EPIDEMIOLOGICAL REPORT

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Ministry of Health & Mass Media

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## Rodents and One Health; An under-recognized public health threat in Sri Lanka - I

*This is the first article of two in a series on "Rodents and One Health; An under-recognized public health threat in Sri Lanka"*

### Rodents

Rodents are among the most widespread mammals accounting for nearly 43% of all mammalian species. They are unified by a single pair of continuously growing incisors in upper and lower jaws. Rodents are seen in every continent except Antarctica.

### Understanding Rodent Behaviour

Rodents possess several biological and behavioural characteristics contributing to their successful adaptation to a wide range of habitats. Although their vision is generally poor, they possess highly developed senses of hearing, smell, touch, and taste, which help them locate food, avoid predators, and move freely within their surroundings.

Rodents are also highly adaptable and reproduce rapidly. Many species reach sexual maturity early and can breed throughout the year with a period of gestation around 20-25 days (polyestrial cycle). When combined with constant availability of sufficient amounts of food and favourable climatic factors rodent populations can increase quickly, creating significant challenges for public health and agriculture.

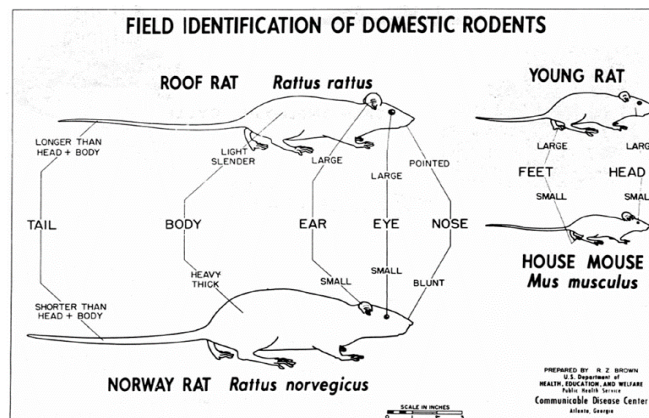
Another important behavioural characteristic of rodents is their tendency to avoid unfamiliar objects and foods, "object shyness." This behaviour can reduce the effectiveness of traps and baits and should be considered when planning rodent surveillance and control activities. Rodentology is a scientific sub discipline focusing on the biology and behaviour of the rodent species.

### Public health and economic impact

Nearly 50 diseases affecting humans have been linked to rodents worldwide. These may be transmitted directly through infected rodent urine, faeces, saliva, and bites, or indirectly through contaminated food, water, soil and arthropod vectors such as fleas and mites. In addition, rodent fur can trigger allergic reactions in sensitive individuals. Murophobia, fear of mice and rats is also a known condition.

**Table 1. Selected Rodent-Linked Infections**

Group	Diseases of Public Health Importance
Bacterial	Leptospirosis, Salmonellosis, Plague, Tularemia, Rat-bite fever
Viral	Hantavirus infections, Lymphocytic choriomeningitis virus (LCMV)
Rickettsial	Murine typhus and rickettsioses
Parasitic	Hymenolepiasis (rat tapeworm), Angiostrongyliasis (rat lungworm)



Source: *Control of Domestic Rats and Mice: Training Guide for Rodent Control* (1973)

SRI LANKA 2026

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3. Surveillance of vaccine preventable diseases & AFP (25 <sup>th</sup> – 31 <sup>st</sup> May 2026)	4

Other than disease transmission, rodents contaminate food supplies, damage crops, destroy stored grain, and contribute to substantial economic losses. They can also damage buildings, electrical wiring, and water infrastructure, creating additional public health and safety concerns.

It is estimated that rodents cause 5-15% of the total food loss every year, which is equivalent to 33 million tons of food, enough to feed 130 million people. At the same time, it is believed that 1/4 of fires of unknown origin are caused by rodent activity and damage is roughly more than 75 billion dollars in value.

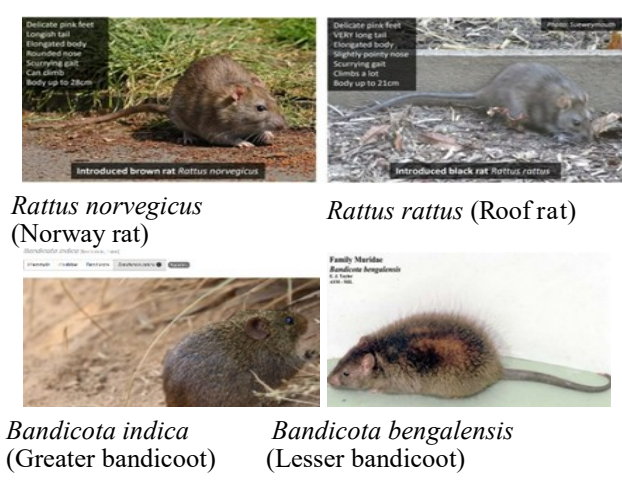
**Several characteristics make rodents highly effective reservoirs of disease, such as;**

- Adaptability to diverse habitats
- Co-existence in close proximity to human habitats
- Movement between wild, agricultural and urban environment
- High reproductive rates
- Capacity to carry a wide range of pathogens (virus, bacteria, parasites)

Furthermore, urbanization, de-forestation, agricultural expansion and climate change continue to increase the risk of human exposure to rodent populations.

**The Beneficial Role of Rodents**

Rodents have been used in scientific research and have contributed to advances in microbiology, pharmacology, and vaccine development. Some species are also kept as pets, while some are used as a source of food in certain parts of the world. Rodents play a positive role in ecosystems, as predators in biological control of insect pests and as an important element in food chains.



**Figure 1: Commonly seen rodent species in Sri Lanka**

**One health perspective**

Rodent-borne diseases highlight the close relationship between human health, animal health, and the environment.

Effective prevention and control require collaboration among public health, veterinary services, agriculture, local authorities, and environmental agencies.

One Health approach provides a framework for addressing the factors that contribute to rodent proliferation and disease transmission with sustainable solutions.

Strengthening surveillance, improving environmental sanitation, and promoting intersectoral collaboration are essential

for reducing the burden of rodent-associated diseases in Sri Lanka.

**Key Messages**

- Rodents are associated with around 50 infectious diseases worldwide.
- Poor environmental sanitation and waste management contribute to rodent proliferation and increase disease risk.
- Climate change, and urbanization may further increase rodent-borne disease transmission.
- A One Health approach is essential for the prevention and control of rodent-borne diseases.

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Table 1: Distribution of Notified Diseases reported by Medical Officers of Health

25th - 31st May 2026 (22nd Week)

RDHS	Dengue Fever		Dysentery		Encephalitis		En. Fever		F. Poison-		Leptospirosis		Typhus		Viral Hep.		H. Rabies		Chickenpox		Meningitis		Leishman.		Tuberculosis		Leprosy		WRCD		
	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	T*	C**	
Colombo	398	7692	3	10	0	2	0	4	0	14	4	166	0	1	0	9	0	0	0	10	290	2	25	0	3	42	775	0	71	88	100
Gampaha	462	4988	0	18	0	18	0	0	3	18	4	251	0	5	0	6	0	0	0	10	423	5	112	0	18	14	424	1	36	82	100
Kalutara	243	2395	4	24	0	3	0	7	0	16	2	207	0	5	0	11	0	0	0	45	421	5	34	0	2	1	225	2	40	100	100
Kandy	168	1688	2	35	2	4	0	5	0	34	6	109	0	23	1	15	0	0	10	349	14	41	0	36	2	226	2	12	98	100	
Matale	23	713	1	12	0	3	0	0	1	2	5	103	0	3	0	5	0	0	3	107	1	22	8	250	2	78	0	20	93	92	
Nuwara Eliya	5	292	1	28	0	3	0	3	0	14	12	144	0	24	0	11	0	0	10	273	15	89	0	0	4	113	0	3	91	100	
Galle	140	2397	2	13	0	8	0	5	0	43	2	268	0	22	1	12	0	0	16	536	7	71	0	2	7	177	2	21	98	100	
Hambantota	31	992	0	30	0	2	0	0	0	31	0	98	0	14	0	11	0	0	4	133	0	20	10	242	4	57	0	11	98	98	
Matara	156	2437	5	10	0	1	0	1	0	11	1	182	0	13	0	15	0	0	5	329	9	97	0	77	1	69	0	12	74	100	
Jaffna	15	655	3	32	1	5	0	19	0	74	2	46	2	210	0	1	0	0	4	229	4	24	1	1	4	85	0	7	99	100	
Kilinochchi	1	169	1	5	0	0	0	7	0	1	15	54	0	10	0	3	0	1	1	69	0	5	0	1	1	17	0	1	100	100	
Mannar	1	91	0	0	0	3	0	0	0	3	6	27	0	2	0	1	0	0	2	44	0	2	0	3	0	19	0	1	100	100	
Vavuniya	5	107	0	14	3	4	1	2	0	8	25	55	0	3	0	0	0	0	0	85	2	13	0	18	2	36	1	3	100	100	
Mullaitivu	3	51	2	5	0	1	0	0	0	8	1	27	0	1	0	2	0	0	0	8	1	6	0	8	1	16	0	4	100	100	
Batticaloa	37	923	2	43	0	5	0	2	0	16	9	93	0	0	3	14	0	0	4	153	2	22	0	10	2	68	4	50	100	100	
Ampara	5	233	0	43	0	1	0	1	0	8	0	94	0	2	0	4	0	0	4	202	5	34	0	9	0	21	0	15	100	100	
Trincomalee	21	447	1	15	0	4	0	2	0	11	4	50	0	8	0	2	0	0	0	119	1	20	0	12	3	76	0	6	98	95	
Kurunegala	51	926	0	14	0	11	0	3	0	62	8	181	0	20	0	6	0	0	18	455	15	139	5	189	2	144	0	35	89	100	
Puttalam	16	493	0	11	0	7	0	0	0	7	8	141	0	17	0	5	2	4	0	87	6	73	0	10	1	87	1	15	77	100	
Anuradhapura	8	333	0	11	0	6	0	1	0	41	0	164	1	19	0	8	0	0	17	278	5	55	12	355	6	124	1	30	99	100	
Polonnaruwa	8	263	0	14	0	4	0	2	33	57	3	165	0	4	0	19	0	0	4	235	4	22	2	261	1	37	1	46	100	100	
Badulla	23	466	0	27	1	7	0	3	0	7	17	138	1	21	7	78	0	0	23	224	46	122	4	59	6	114	0	11	100	100	
Monaragala	17	444	0	12	0	3	0	1	0	5	4	172	0	25	0	33	0	1	4	146	0	40	4	111	0	47	0	10	98	100	
Ratnapura	173	2466	0	22	0	6	0	4	0	15	18	499	0	21	0	7	0	0	12	231	2	34	0	100	5	180	0	19	100	100	
Kegalle	60	1003	0	28	0	3	0	4	0	19	3	193	1	10	0	7	0	0	10	366	5	38	0	10	5	141	1	5	99	100	
Kalmunai	18	582	0	26	0	0	0	0	0	15	0	44	0	1	0	1	0	0	12	312	0	19	0	0	1	56	1	22	100	100	
<b>SRILANKA</b>	<b>2088</b>	<b>33246</b>	<b>27</b>	<b>502</b>	<b>7</b>	<b>114</b>	<b>1</b>	<b>76</b>	<b>37</b>	<b>540</b>	<b>159</b>	<b>3671</b>	<b>5</b>	<b>484</b>	<b>12</b>	<b>286</b>	<b>2</b>	<b>6</b>	<b>228</b>	<b>6104</b>	<b>156</b>	<b>1179</b>	<b>46</b>	<b>1787</b>	<b>117</b>	<b>3412</b>	<b>17</b>	<b>506</b>	<b>95</b>	<b>99</b>	

Source: WRCD module of the EPINET. T\*=Timeliness refers to returns received on or before 31st May, 2026. C\*\*=Completeness; A = Cases reported during the current week; B = Cumulative cases for the year. Total number of reporting units 360 C\*\*=Completeness;

Table 2: Selected Vaccine Preventable Diseases & AFP

25<sup>th</sup> – 31<sup>st</sup> May 2026 (22<sup>nd</sup> Week)

Disease	No. of Cases by Province									Number of cases during current week in 2026	Number of cases during same week in 2025	Total number of cases to date in 2026	Total number of cases to date in 2025	Difference between the number of cases to date in 2026 & 2025
	W	C	S	N	E	NW	NC	U	Sab					
AFP <sup>1</sup>	00	00	01	00	00	01	00	00	00	02	01	35	28	25%
Diphtheria	00	00	00	00	00	00	00	00	00	00	00	00	00	0 %
Mumps <sup>2</sup>	00	02	00	00	00	00	00	00	00	02	03	65	68	-4.4 %
Measles <sup>3</sup>	02	00	00	00	00	00	00	00	00	02	00	09	02	350 %
Rubella <sup>3</sup>	00	00	00	00	00	00	00	00	00	00	00	00	00	0 %
CRS <sup>2</sup>	00	00	00	00	00	00	00	00	00	00	00	00	00	0 %
Tetanus <sup>2</sup>	00	00	00	00	00	00	00	00	00	00	00	02	03	-33.3 %
Neonatal Tetanus <sup>2</sup>	00	00	00	00	00	00	00	00	00	00	00	00	00	0 %
Japanese Encephalitis <sup>3</sup>	00	00	00	00	00	00	00	00	00	00	01	00	04	-100 %
Whooping Cough <sup>2</sup>	00	00	00	00	00	00	00	00	00	00	01	13	11	18.8 %

**Key to Table 2**

**Provinces:** W: Western, C: Central, S: Southern, N: North, E: East, NC: North Central, NW: North Western, U: Uva, Sab: Sabaragamuwa.

**Data Sources:**

**Weekly Return of Communicable Diseases:** Diphtheria, Mumps, Tetanus, Neonatal Tetanus, Whooping Cough.

**Special Surveillance:** AFP, Measles, Rubella, CRS.

AFP<sup>1</sup> = No Polio cases

Mumps<sup>2</sup>, CRS<sup>2</sup>, Tetanus<sup>2</sup>, Neonatal Tetanus<sup>2</sup>, Whooping Cough<sup>2</sup>—Clinically and/ or laboratory confirmed cases

Measles<sup>3</sup>, Rubella<sup>3</sup>, Japanese Encephalitis<sup>3</sup>— Laboratory Confirmed cases

AFP—Acute Flaccid Paralysis

CRS = Congenital Rubella Syndrome

NA = Not Available

AFP and all Vaccine Preventable Diseases except Mumps should be investigated by the MOH Personally.

**Take prophylaxis medications for Leptospirosis during the paddy cultivation and harvesting seasons.**

**It is provided free by the MOH office / Public Health Inspectors.**

Comments and contributions for publication in the WER Sri Lanka are welcome. However, the editor reserves the right to accept or reject items for publication. All correspondence should be mailed to The Editor, WER Sri Lanka, Epidemiology Unit, P.O. Box 1567, Colombo or sent by E-mail to [chepid@sltnet.lk](mailto:chepid@sltnet.lk). The Epidemiology Unit should be formally acknowledged in all resulting publications as the primary data source.

**ON STATE SERVICE**

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